

## RIBBLE VALLEY BOROUGH COUNCIL REPORT TO COMMUNITY SERVICES COMMITTEE

---

meeting date: TUESDAY 17 OCTOBER 2023  
title: HEALTHY WEIGHT & PASTA AGREEMENT  
submitted by: DIRECTOR OF COMMUNITY SERVICES  
principal author: MARK BEVERIDGE HEAD OF CULTURAL AND LEISURE SERVICES

### 1 PURPOSE

- 1.1 To seek Committee approval to enter into a collaboration agreement with Lancashire County Council to deliver the Healthy Weight and Play and Skills at Teatime (PASTA) programme.
- 1.2 Relevance to the Council's ambitions and priorities
  - Community Objectives – To help make people's lives healthier and safer.

### 2 BACKGROUND

- 2.1 The Council has for several years delivered a healthy weight programme on behalf of Lancashire County Council (LCC). This has worked well, with Council staff being employed to deliver the service. Many local people have benefited from this service, which provides advice on nutrition in addition to exercise programmes for them to follow. It is part of the Public Health programme aimed at ensuring that Lancashire residents can live a healthy life and minimise their call on NHS services arising from health complications due to weight and inactivity.
- 2.2 In 2021 Lancashire County Council also entered into an agreement with Roefield Leisure to deliver the Play and Skills at Teatime Activities (PASTA) programme in Ribble Valley. The Low Moor and Edisford Wards were identified by LCC for funding. This programme was delivered on behalf of the Council by Roefield Leisure either at Trinity Methodist Church and Community Hub (Trinity) or their own site. This programme involves families with children in receipt of free school meals being offered the chance to have some activities alongside sessions to prepare healthy meal options. It's a chance for families to:
  - learn to cook easy, affordable meals.
  - get support and encourage your family to try healthy foods.
  - take part in fun physical activities.
  - socialise with other families.

### 3 PROPOSAL

- 3.1 LCC is now seeking to deliver both these programmes directly through District Councils rather than leisure trusts. LCC have sought confirmation from all District Councils that they will enter into a collaboration agreement for both services. A copy of the proposed agreement is enclosed as Appendix 1.
- 3.2 Whilst the draft agreement has not been populated with programme specific information at this point, it is understood that the collaboration agreements would be for a minimum period of 5 years and that there will be an option to extend the agreements by a further 3 years, thereby making the overall term up to a maximum of 8 years. The services will commence on 1 April 2024.
- 3.3 The indicative finance allocations for Ribble Valley district are £35,718 per year.

- 5-year indicative total = £178,590
- 8-year indicative total = £285,744

3.4 The indicative finance allocations for districts have been calculated based on the percentage of overweight and obese adults, the National Child Measurement Programme (NCMP) data and index of multiple deprivation (IMD) deciles.

#### 4. ISSUES

4.1 The Council has previously had short term agreements with LCC to deliver the healthy weight programme so this new proposal is welcome. It is however a change to the programme and not simply an extension to what happens currently.

4.2 The Council chose to allow LCC to deal directly with Roefield on the delivery of PASTA, because Roefield had previously been delivering a scheme called HAF (healthy activities and food), which is a similar based around activities just for children in school holidays. Roefield have used a third party to deliver the food element of the PASTA scheme and discussions will need to take place with the Roefield about future delivery of PASTA and which elements they can deliver.

#### 5 RISK ASSESSMENT

5.1 The approval of this report may have the following implications.

- Resources – The Council would be the accountable body for the delivery of the schemes included in the collaboration agreement and receive all funding from LCC. The funding is set out as per the figures in the report. Staff are already in post on fixed term contracts for the Healthy Weight, the issue of TUPE (Transfer of Undertakings), may be applicable to the Pasta element.
- Technical, Environmental and Legal – The Council would be signatories for the funding and liaising with and being responsible for all the requirements set out in the collaboration agreement.
- Political – No implications identified.
- Reputation – Both services being offered by LCC are well received by the client group they are targeted at. This Council is well placed to manage the contract on behalf of the County Council.
- Equality & Diversity – These schemes help some of the poorest in our communities. They are not necessarily open to all, because there are defined criteria which LCC have set out in terms of unhealthy weight and free school meals. This means that participants must fall within these set categories to comply.

#### 6 **RECOMMENDED THAT COMMITTEE**

6.1 Approve in principle the Council entering into the collaboration agreement with LCC for the provision of the Healthy Weight and PASTA programme, subject to the agreement of appropriate Collaboration Agreements.

6.2 Authorise the Director of Community Services to negotiate the relevant terms of the Collaboration Agreement in consultation with the Chair of Community Committee.

MARK BEVERIDGE  
HEAD OF CULTURAL AND LEISURE SERVICES

ADAM ALLEN  
DIRECTOR COMMUNITY SERVICES

BACKGROUND PAPERS – None

For further information please ask for Mark Beveridge, extension 4479.